

Bayside U3A

UNIVERSITY OF THE THIRD AGE

Offices: Beaumaris Senior Centre
84 Reserve Road, Beaumaris (behind the library)

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2023 TERM DATES

Term 3 10th July - 19th September 2023
Term 4 2nd October - 20th December 2023

NEWSLETTER

June 2023



Beaumaris Office:
Monday to Friday 9:30am - 2:00pm

Brighton Office
Monday to Friday 9:30am - 12noon

FROM THE PRESIDENT ... DAVID HONE

End of Term 2



Vlad Metter has resigned from the Committee of Management after more than 10 years of service to Bayside U3A. Vlad was a foundation committee member and our first Property officer, which meant he was responsible for finding and purchasing the various bits of equipment/furniture we needed. He did a great job ensuring we had good quality equipment at a very good price. He also used his SUV to collect filing cabinets and chairs on a number of occasions. It is sad to reflect that he and I could not now do this, as age is catching up with us both. Vlad's long service on the Committee of Management is a reminder that our U3A can only exist if we continue to have people like Vlad volunteering to run it. I am happy to say that Vlad is not leaving U3A, he will be continuing with his Russian classes but stepping down from the COM.

At our last COM meeting, we decided to form a subcommittee chaired by Sandra Groves, to find a new President for 2024. I informed the COM that I will not be continuing in this role and I did not consider it appropriate or fair that this job should be left to the President. If you have any suggestions or would like to know more about the President's role, please do not hesitate to contact Sandra through the office. The President's role these days is not all that onerous, but it does involve four major tasks: Chairing the Committee of Management; Making occasional short speeches; Writing this report and having some knowledge of our U3A. Ideally the next President will join the COM as our Vice President well before the AGM and have some time to observe what goes on. We would like to establish a 2-year Presidential term system to share it around.

We are also looking for someone to become the Committee of Management Minutes Secretary. The role of the Secretary is quite demanding and in recent times Chris Birch became Minute Secretary for Carol Sieker and we found this worked very well. If anyone would like to attend our monthly COM meetings on a Wednesday at 4.00pm and take the minutes, we would love to hear from you.

People with an IT background are also in demand! If you have such a background and would like to help please contact the office.



COURSE NEWS**CONVENOR: Sue Steele**

Two new courses are beginning this term:

Cryptics in Company

Solving cryptic crosswords is fun to do and provides a good work out for the mind. It exercises the memory and thinking skills — such as analysis, deduction and lateral thinking — and stimulates an interest in words, language and general knowledge. Each week Rupert and the class will solve a puzzle together. Beginners welcome. Tuesday mornings at Beaumaris Seniors from 11th July. Enrol in [Course Code 23HEA012](#)

Future Technology and Organic Worldview

We are currently in a scientific revolution from which new science, and a new worldview is emerging. This fusion of physics, biology and evolution theory with computer science and space exploration technology will result in a fundamental transformation of our economy and worldview. A birds eye view is presented for discussion. Fridays 12.15pm at Beaumaris from 21st July to 15th September. Enrol in [Course Code 23HUM014](#) or email us to add you to the class.

GRAND FINAL EVE FUNCTION — FRIDAY 29TH SEPTEMBER

Now that we have 'turned the corner' and can return to more regular events, we are planning a special event for Grand Final Eve from 1pm to 4pm at the Beaumaris Community Centre.

If you are a footy fan or you would just like to enjoy a fun time with friends, make sure you put this in your calendar. You can bring your colours, scarfs, hats and enjoy a fabulous afternoon's entertainment under the direction of our special Guest MC. We will be having a BBQ lunch. Drinks will be BYO.

Bookings will open in August with a charge of \$10. We will forward a link for bookings closer to the date.

**BAYSIDE U3A COMMUNITY HOUR****CONVENOR : Alina Skoutarides****Monthly Broadcasts on 88.3 Southern FM**

Pauline O'Brien presents an interview programme on 88.3 Southern FM, Tuesday afternoons at 3pm and the fourth week of the month, she invites tutors from Bayside U3A. On Tuesday 23rd May Pauline interviewed Joan Gibbs who organises 'Day Trips' and Vivienne Dugdale who organises our 'Movie Nights'.

Joan spoke about the outings she has organised in the past and some details of what is happening for the rest of this year. The dates to remember are:

Winter outings on Wednesdays: 19th July & 16th August

Mornington Peninsula which has proved to be very popular with our members.

Spring outings on Wednesdays:

20th September—Daylesford Convent; 18th October – Bruno Sculpture Gardens, Marysville

22nd November – Mt. Macedon, Woodend and Hanging Rock



**Anyone wishing to obtain further information,
please contact Joan directly on 0417 768 433 or joanlgibbs37@gmail.com.**



Pauline then chatted with Vivienne Dugdale who organises 'Movie Nights' held on the 1st and 3rd Tuesdays of the month from 6.00pm, either at the Palace Cinemas in Bay Street or occasionally at the Dendy Cinema in Church Street. Vivienne spoke about some of the movies which the members of her group have seen this year: 'Elvis', 'A Quiet Girl', 'Living', 'A Good Person' and 'Masquerade' which was a part of the French Film Festival.

**Anyone interested in joining Vivienne,
please contact the Bayside U3A Office (9589 3798) or enrol online.**

On Tuesday 27th June, Pauline had a most interesting interview with Rosemary Simpson who currently presents the 'Using Your Brain' program and, in Semester 2, will offer 'Humphrey Bogart' and 'Democracy in the USA'. This interview will be repeated on Tuesday 25th July.

Rosemary is an accomplished speaker and the topics she presents are of great interest, so do tune in to 88.3 Community Radio for a most interesting and instructive hour.

LET'S TALK FRENCH

Tutor: Fay Leader

In an endeavour to understand French culture more fully, the Thursday Beaumaris French conversation group organised a close encounter with the various families of French cheese. A study was made of the fabrication and maturing of the various cheese types from goats cheese, through brie, washed rind and comté to blue cheese. Thanks to everyone who contributed and participated.



U3A FRENCH CONVERSATIONS

Tutors: Faye Leader & Marianne Welton

The Semester 2 French Conversations course continued to be a vibrant and engaging program, encouraging active participation and creating a free-flowing environment for conversations in French. The group enthusiastically used their French skills to report on and discuss a wide range of cultural activities and personal experiences throughout the semester: films, art exhibitions, conferences, concerts and plans for trips both interstate and overseas.

A final quiz on 'France et le vin' during the last class led to the opportunity for conversations and tasting of Kir, a popular French aperitif made with white wine and crème de cassis. The tasting session created a convivial atmosphere, fostering a sense of camaraderie and appreciation for French culture and its love for wine.



Vive la France et son amour du vin!

INTRODUCTION TO SCULPTURE

Tutor: Roy Bird



**Plaster and Styrene David
by Joan**



**Mosaic Cutting Board
by Jill**



**Mosaic Squirrel
by Rona**



**Vase Fused Glass
by Rona**

GERMAN CLASS

Convenor: Barbara Stewart

Our class German Conversation has cleared the wait list and we now have 13 members. We are a diverse group and not only practice speaking and reading in German but also bring lots of different and interesting topics to the class.

This year we learnt how bowling balls are made, plastic recycling, listened to and read the words of the beautiful Lorelei folk song, heard about skiing, boat building and read children's story books. We were told about the beginnings of one of Victoria's important wineries and heard about two car races - the Pikes Peak Hill Climb in Colorado and the 12 Hour Race at Bathurst.

We also listened to and read the words to a German song, first popular in the 1980's and still sung today (suggested to us by French tutor Jane) 'Guten Morgen Liebe Sorgen', which translates to 'Good Morning Dear Worries'. Something we can all relate to at times?

We celebrated the last day of term 2 and the Winter Solstice by having a Kaffeeklatsch mit Kuchen und Glühwein - coffee chatter with cake and glow wine (mulled wine), which was most enjoyable.

CRAFTY CONVERSATIONS

Convenors: Alison Barnett & Susan McCarthy

Crafty Conversations is the new name for Creative Conversations. We think that Crafty Conversations better reflects the nature of the group, women who enjoy the creative art of hand crafts, be it patchwork, quilting, embroidery, knitting, or crochet. And yes, we can cope with the perhaps dark double entendre of this name! Whilst our name has changed the group's purpose and aims remain the same learning from each other through encouragement, sharing of ideas and techniques. And along the way we have great conversations on an array of subjects.



The annual trip to Bendigo was at the beginning of June. 7 intrepid members braved the cold and very wet day in Bendigo to visit the Woollen Mill and then on to the Art Gallery. *The Australian Women's Weekly: 90 years of an Australian Icon* was the highlight. There were many happy memories prompted by the Children's Birthday Cake book part of the exhibition. Well worth the drenching we all experienced!

On the last day of term, we continued our recent tradition of WYPD – wear your pearls day! We all turned up wearing a selection of pearls. Check the photo to spot the pearls.



Of course, items of handcraft have been produced. Here are a couple of examples of the work completed.

Disa Hallett knitted Trauma Teddy Bears for the Red Cross. A beautiful collection of teddy bears and a fantastic way to use scraps of wool for a great cause.



Susan McCarthy stitched this Walking Bag using recycled jeans for the body and strap of the bag.

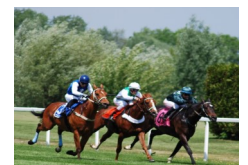
VOLUNTEERS

Many thanks for your wonderful response to our Bayside U3A for without you we cannot function. Working together and combining our skills will ensure our planned events run smoothly. The work involves setting up chairs, tables, BBQ-ing, serving, and of course the inevitable cleaning up. These are just a few events to 'wet' your volunteering appetite! .



**Friday 29th September 'Pre-Grand Final BBQ' and
Tuesday 7th November 'Melbourne Cup' Luncheon**

**Mary Downie: Call/Text 0417 143 394 or
email mary.downie16@gmail.com**



Going on holiday?

Lucky you! Did you know how easy it is to automatically advise your tutors by recording your absence online? Simply Login: <https://baysideu3a.org.au/>

Existing Member login> Select My Absences> then enter your away dates (you can select one or all of your classes). Alternately, email baysideu3a@gmail.com or phone the office on 9589 3798.



BAYTONE SINGERS

Tutor & Conductor: Jill Page OAM

Baytone Singers Bayside U3A Choir are so happy to be back at Beaumaris Seniors and singing together again. We are delighted to welcome 17 new members who have joined us and our numbers have grown to 30 choir members. Our new members are meeting many new friends as we all share a common joy of music.

Many familiar faces are back after three years and it has been such a happy time to be able to reconnect. We have been working on revising, learning our repertoire and have easily sorted voices into two parts.

My thanks to Marjorie for photocopying sheet music and to Mary, our wonderful accompanist.

We have received one concert booking for later in the year and hope for more.

We practice at Beaumaris Senior Centre every Tuesday 4.15pm – 5.15pm and new members are welcome

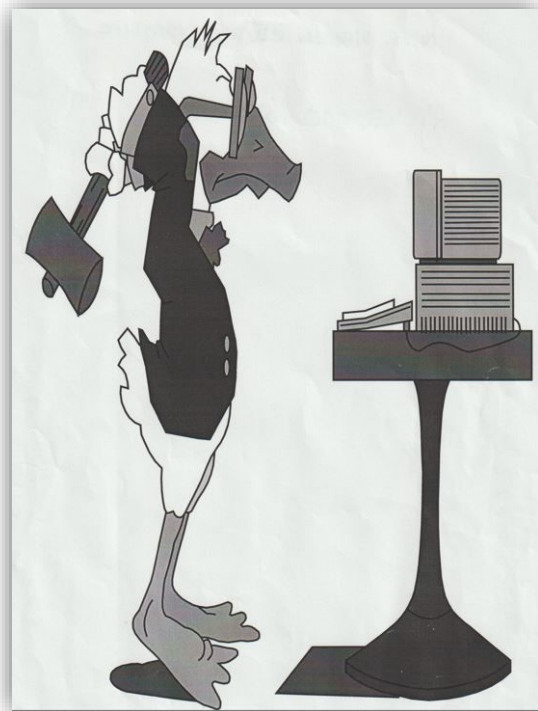
One-on-one Device Advice

Do you struggle with using your technical devices? Could you benefit from some one-on-one guidance on how to use your mobile phone, laptop or tablet? Then book into one of our device advice sessions.

These twenty-minute sessions are with a friendly library staff member who will offer help and assist with questions you have about your device.

Sessions are **free and held daily** - Monday - Friday - across Bayside Libraries. Bookings are essential.

[Book Device Advice](#)



MESSAGE FROM THE BAYSIDE MAYOR



Victoria Police report that across March and April, more than 70% of all burglaries in suburbs such as Brighton, Cheltenham, Sandringham, Black Rock and Mordialloc occurred in properties with unlocked/open doors/windows and no signs of forced entry.

Bayside community members can assist by paying attention to home and personal security.

Locking your home and cars can play a significant role in deterring opportunistic thieves who may approach multiple houses to find the easiest access point.

Getting Help: Dial Triple Zero (000) for police, ambulance and fire emergencies.

For non-urgent crimes and events, call 131 444 or [submit an online report](#) on the Victoria Police website.

HAPPY HOUR ON FRIDAY 26TH MAY 2023

Convenor : Karen Hall



Lovely to see almost 30 members attending on the last Friday in May, despite the dreary wet conditions. 20 stayed on for a friendly Thai fusion dinner.

Lucky beginners luck with the lamb roast raffle prize going to Peter Card!

A special thank you to the new members who attended.

Everyone is welcome any time.

Feel free to bring along a friend.



Enrol In [Course code: 23SOC004 Bayside U3A Happy Hour.](#)



REMINDER!

The **BAYSIDE U3A HAPPY HOUR** is on the last Friday of the month!

Friday 28th July 2023 5pm at the Hampton RSL

* No need to reply—just turn up *Drinks: \$6.50 sparkling or house wine, discount beer & some spirits.

* Please wear your Bayside U3A badge. * Bring along your RSL membership card if you have one!

Dinner is available for those wishing to stay on. One table of 8 is permanently booked for U3A ...

BUT to confirm a booking, call the Hampton RSL on 9598 0460.

Do bring along some cash to support the RSL raffle. It's a worthy cause and we historically have an enviable high rate of prize success! You are welcome to bring along a friend!

Enrol in [Course code: 23SOC004 Bayside U3A Happy Hour.](#)



25 Holyrood St Hampton VIC 3188

LET'S DO DINNER - JUNE 2023

CONVENOR : KAREN HALL



One dinner only this month due to King's Birthday long weekend...

A last minute venue change from the Glasshouse Caulfield was necessary due to a large wedding reception which created problems with parking, food service and table allocations. Such a cold blistery night meant that the Brighton Beach Hotel with its adjacent car parking was so much more cosy and convenient. Understandably, some members opted out, however others were quite relieved by the familiar location.



Next month will be our special 'Christmas in July dinner' at the Tudor Inn. If you wish to be included on future dinner invitations and reminders, please enrol in [Let's do Dinner - Course code: 23SOC003](#). Everyone is welcome!

WINERY TOUR— YARRA VALLEY. JUNE 2023

Joan Gibbs reported that a very enjoyable day was had by all! The Sun was shining! Jaclyn our driver, took Paula, Guy, Rosalie, Trevor, Shirli and Kerry to Yearling Station Winery and Beechworth Bakery for lunch. Tasting at Four Seasons Gin Distillery then to Yarra Valley Dairy for Cheese and Biscuits. Fun Day!



BAYSIDE U3A WRITERS GROUP 2023**Convenor: Dr Cheryl Threadgold****CELEBRATE TOGETHER!**

What do you do get when twenty-two writers from Bayside U3A Writers' Group and twelve artists from Bayside U3A Painting for Pleasure Group collaborate? The answer is a 142 page book that celebrates the myriad of talents within these two creative Bayside U3A groups.



The anthology will contain forty-two short stories or poems, comprising twenty-one stories inspired by art, and twenty-one paintings inspired by written works. Spearheaded by Nance Silverman, Geoff Rolls and Dr Vicki Cowling OAM for the artists, and Dr Cheryl Threadgold OAM for the writers, the resulting book, titled "*Synergy*" will be launched as part of Victoria's Seniors Festival in October 2023.

WORD OF THE MONTH: 'ENTROPY'**Convenor: Dr Cheryl Threadgold****CHARIOTEER***Geoffrey Dobbs* © 2023

To look into your eyes
is to see the depths of a dark well:

like the wet curls of your hair,
unstirred, even in victory.

For surely, in this eternal moment,
you are victor.

Torso's lunge, whip arm's strike,
poised body's thrust, right, now left,
muscles taut with jerk and sway—
all now stilled within your chiton,
pleated into the absolute stillness
of a broken column.

We don't need the crested horses,
legs poised, heads high in triumph.

The reins you hold so lightly,
yet with such command,
are enough.

The space around you
is charged with your presence.
Here, you defy entropy and time;
You are all that we have,
and all that we have lost.

BAYSIDE U3A WRITERS GROUP 2023

Convenor: Dr Cheryl Threadgold

This piece is part of my developing murder mystery and explores what it may be like to be married to a psychopath.

Susan

Gwen Zammit © 2023

'I've invited them over for dinner. Try to put on a good turn this time, Susan.'

Ian made this pronouncement without looking up from the newspaper.

'Frank and Jenny, you mean?'

Ian continued to read, speaking slowly, pausing as something caught his interest.

'Yes. We will have a French theme; you can mention our holiday in France. Your French is better than theirs so be sure to show it off.'

He turned a page.

'Your Coq au Vin wasn't at all bad last week. You can prepare that yourself. Tarte Tatin will do well for dessert.'

He finally looked up at her.

'Finesse and sophistication please Susan, as befits our home. No running yourself ragged all week with useless activity. I don't want entropy, Susan, I want an ordered approach. Run everything past me beforehand. We don't want tacky after dinner mints again, do we? I will look after the drinks of course.'

'Yes of course, dear.'

Ian folded the newspaper, dabbed at his mouth with a starched white napkin and rose from the table.

'You are not looking your best Susan. That colour does not help.'

'I didn't sleep well, Ian. I was upset.'

'Well, you should have taken a sleeping pill then, my dear. Goodbye now.'

The morning routine was familiar to Susan but still deflated her anew each day. She had better rouse herself and face the day. She would visit her mother and talk over this damn dinner party.

'Hello darling, how are you? I see Ian was in the newspaper again. Such a clever man, and so charming. We are so proud to have him as our son in law.'

'Oh, but you're a bit pale. Are you ...? Oh, do tell!'

'No Mother, I'm not.'