

## Newsletter April 2013

### Report from the President



We should all be proud of the rapid development and growth of the 100<sup>th</sup> U3A in Victoria, Bayside. It has been an amazing nine months and what a big baby we have produced! The speed of our development is not without its problems and we all need to be aware that as an infant U3A we still have much to learn and many structures to put in place. We urgently need someone to take on the role of office manager, to join the executive committee, and to co-ordinate and lead throughout the week the wonderful group of volunteers we now have in place. We also need volunteers to maintain our web site, to be an IT consultant, and to be a community liaison officer. U3As are run entirely by volunteers so, if you are bored and want something to do, email us or contact the office and we will be able to keep you busy!

### TERM DATES

To give our volunteer tutors and office volunteers a break, as of Term 3, all classes will operate during the government school terms, with our Term 4 finishing a week earlier than schools to allow members to finish their preparations for Christmas.

Our term dates for the remainder of 2013 are:

Term 3 – Monday 15<sup>th</sup> July to Friday 20<sup>th</sup> September (10 weeks);

Term 4 – Monday 7<sup>th</sup> October to Friday 13<sup>th</sup> December (10 weeks).

### NEW CLASSES STARTING IN MAY 2013

We have a number of exciting new classes beginning in May. Details are available on our web page. Please note that places in some of these classes are limited so you will need to get your enrolment form in early!

### Bayside Book Lovers

Rosemary Simpson will convene this book group with meetings held monthly on the 4th Friday of each month, beginning on 24<sup>th</sup> May 2013 at 12 pm – 1.30 pm. The books will cover a wide range of genres and topics and will be sourced through the CAE. As the CAE charge for this service, there will be a cost for book group members. However, the CAE offers discounts for Seniors, persons with a Pensioner Concession card, Health Card or Veterans Affairs Gold Card. Special enrolment days for this class will be held at our office at the Beaumaris Seniors Centre at 11.00 am – 12.00 pm on Monday 6<sup>th</sup> May and Tuesday 7<sup>th</sup> May when Rosemary will be available to assist members to complete the required CAE documentation.

### Opera appreciation

A second series of this popular class will commence on Thursday 16<sup>th</sup> May. The class runs from 1.00 pm – 4.30 pm so a complete opera can be viewed each week. The cost is \$40 for eight sessions.

### **Gentle yoga**

We are thrilled to have qualified yoga teacher, Janice Lawton, taking this class. The class will be held weekly at 10 am Friday, at the Yoga Centre, 14 Thomas Street, Hampton, starting 10th May, 2013. The Yoga Centre has very generously offered the use of their facilities free of charge to Bayside U3A. Participants will be gently stretching the muscles, lubricating the joints, slowing the breath and calming the mind and will need the ability to move from the floor to a standing position. Numbers are limited so get your enrolment form in early to ensure an uplifting experience connecting the body and breath.

### **Barefoot bowls**

This is your chance to make new friends and learn the game of bowling or brush up on your skills. Classes will be held weekly at the Brighton Indoor Bowling Centre, Breen Drive (Dendy Park) on Thursday, 4.00 pm – 6.00 pm. There will be a small weekly charge of \$10.00 to cover the rink charges and participants can stay on afterwards and enjoy a meal at the on-site restaurant.

### **Film lovers**

Suzanne Kaldor, who is our Drawing class tutor, is now starting up a film group. Once a fortnight, participants will meet at a local cinema centre, watch a movie then afterwards enjoy a coffee and a chat about the movie.

### **Croquet**

Ever thought of taking up croquet? Then this is your opportunity. We are offering five sessions of 1½ hours to learn association croquet. Participants will learn to roquet a ball, make hoops and learn the croquet strokes. Social games will be included. The classes will be held at the Brighton Croquet Club, 6 Bleazby Avenue, Brighton, on Tuesdays, at 10.30 am. The cost is \$35 for five sessions to cover the green fees.

### **OVERSEAS VISITOR**



In April, Sue Marcus from London U3A paid a visit to Bayside U3A. She attended our Australian History class that meets at Black Rock House on Thursdays, 12 – 2.00 pm. One of the topics covered on the day of her visit was the development of Australian slang. This proved to be a bit of an eye-opener for Sue.

### **VOLUNTEERS NEEDED**

Did you know that volunteering is beneficial to your overall health? It can, for example, make your life richer by creating opportunities for having fun with like-minded people and gaining a sense of pride by contributing positively to your community. We have a growing membership and now need volunteers to take on a variety of roles. We would love to hear from you if you can assist in any way with the following:

**Office Manager** – we have a marvellous group of volunteers who attend our office week days from 10.00 am – 1.00 pm but we urgently need an Office Manager who can co-ordinate the volunteers and oversee the smooth functioning of our office. Please contact our office (Ph.9589 3798) or email us at [baysideu3a@gmail.com](mailto:baysideu3a@gmail.com) if you can help.

## Volunteer snapshot



Meet Sue Steele, our Vice-President. Sue was a Librarian at Monash University and was responsible for the development of the University's first web pages. Sue is a volunteer tutor for two of our very popular computer classes – *Getting the most from the Internet* and *Enjoying your iPad*. She also designed and updates our Bayside U3A website.

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## NOTES FROM OUR CLASSES

### Black Rock House

We are very lucky to have the use of Black Rock House on two days of the week. The venue makes an interesting and attractive setting for a number of our classes including *Australian History* and *Revolutions that have shaped our world*.



*The Australian History class at Black Rock House*

### Interested in current affairs?

If the answer is "Yes", you might like to consider joining the vibrant group that meets on Thursdays at the Brighton Library, Round Room, 1.30 pm – 3.15 pm. The group welcomes new members and guarantees you an interesting time.

### French conversation

This group caters for fluent speakers of French and provides participants with the opportunity to maintain their French skills in a structured environment. The class meets on Thursdays, 10.00 am – 12 noon at the Beaumaris Seniors Centre.

### Spanish Scrabble

Would you like to learn some Spanish? Beginners are welcome in this class and assistance is given. All you need is a willingness to learn some Spanish words and an English/Spanish dictionary. Classes are Wednesdays from 2pm at Beaumaris.

### Armchair travel

This class meets on the 4th Friday of the month at the Beaumaris Seniors Centre, at 10.00 am. To date, the participants have 'travelled' to Vietnam and Egypt, and have enjoyed a 'train trip through Eastern Europe.' New members are welcome.

## Mahjong

One of our most popular classes is Mahjong held weekly at the Sandringham Seniors Centre. Under the guidance of Tutor Margaret Soding class numbers have soared and it is not unusual for 25 participants to attend.



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## IN THE PIPE LINE

Tony Aplin is presenting a short course on the life and photography of Robert Law (1870-1930). Law was the Chief Assayer and Refiner at the Royal Mint, Melbourne. The course runs over two weeks starting on Tuesday 18<sup>th</sup> June, 10.00 am -12 pm at the Beaumaris Seniors Centre.

### *Occasional lectures*

Keep an eye out for the occasional lectures from visiting experts that we plan to offer throughout the second half of the year.

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## BAYSIDE LITERARY FESTIVAL



One of our tutors, Sue Bell, is facilitating a session on *The Real King Arthur* as part of the Bayside Literary Festival. The event is to be held at the Brighton Library on Friday 24<sup>th</sup> May, 1 – 3 pm. Cost \$10. Sue is very entertaining and has a wealth of knowledge on the legends of King Arthur.

## OFFICE HOURS & CONTACTS

*Office hours: 10.15 am to 1pm weekdays, excluding public & school holidays  
Located at 84 Reserve Road Beaumaris, behind the library  
Contact us by phone on 9589 3798 or email baysideu3a@gmail.com*

Any contributions to the newsletter can be emailed to us at [baysideu3a@gmail.com](mailto:baysideu3a@gmail.com); posted to our mail box at PO Box 319, Sandringham 3191, or left at our office at the Beaumaris Seniors Centre, Reserve Road, Beaumaris.

The deadline for the July newsletter is Monday 17<sup>th</sup> June 2013.