

Newsletter July, 2013



Report from the President, David Hone

Our U3A continues to grow and prosper, however we ask members to see themselves as ambassadors for Bayside U3A by telling everyone about us and all the great courses we are already running. Encourage your friends to join or offer a course or volunteer in some capacity. We belong to U3A Network Vic who are running a 2 Day Conference with U3A Asia Pacific, in October, at the Melbourne Town Hall. All members are invited to attend as delegates. For further details see the "Upcoming Events" section in this newsletter.

TERM DATES

Our term dates for the remainder of 2013 are:

Term 3 – Monday 15th July to Friday 30th September (10 weeks);

Term 4 – Monday 7th October to Friday 13th December (10 weeks)

TERM 3 ENROLMENTS

Please note, enrolments received by July 5 for classes starting in Term 3 will be confirmed in writing in the week commencing July 8. Enrolments received after July 5 may be confirmed by email or phone.

NEW CLASSES STARTING IN JULY 2013

In addition to the recurring classes from Terms 1 and 2, we have a number of exciting new classes beginning in July. Details are available on our web page. Please note that places in some of these classes are limited so you will need to get your enrolment form in early!

Computer Appreciation

Vlad Metter will lead this 12 week course which covers such topics as "What is inside the box? Working with applications; Internet, Email, Skype, and How to purchase goods and services online". The course is scheduled to commence July 15th (Monday Group) & July 19th (Friday Group), 9.30am -11.30am, at the Computer Lab, Highett. Please bring a pen and notebook and your own laptop if you have one.

Digital directions: Digital photography

We are delighted to have Maggie Hegarty who retired as Head of Photography at the University of Melbourne taking this course. This course will commence with an introduction to digital cameras aimed at beginners. There will be a photo shoot to help improve your photographs both technically and aesthetically. Finally, the course will cover putting your work on the Internet, printing images, reproducing your photographs on cards and calendars and discussing available resources you can draw on. Students will need to bring their cameras

(fully charged), and their camera manual. Students will need to attend all three sessions to benefit from the course. Classes start July 17th at Beaumaris Seniors from 2:00pm–4:00pm

From Nothing to Castling: The basics of chess

This class will be held at the Brighton Seniors Centre, Friday 2.30pm to 4:00pm, commencing 26 July 2013. The course is run by Suzanne Frankham who has spent over 15 years tutoring chess and running tournaments in schools and around Melbourne. The course will teach you: How all the pieces move, Check and simple Checkmates, Attack and defence, Opening principles and the Castling move.

Genealogy: Getting started with your family history

Malcolm Threadgold is the tutor for this course, which commences Friday 19th July, 10am-12:00pm, at the Brighton Seniors centre. Malcolm is a member of the Genealogical Society of Victoria and for several years has been one of the leadership groups of the Genealogy Class at Kingston U3A. The course aims to provide participants with information, knowledge and encouragement to enable them to work independently and confidently on their genealogy projects. Aimed at beginners or those in the early stages of compiling a family history, topics covered include: Research Resources-international, national and local, (with particular reference to local libraries where appropriate); Computer software and what it can do; Preparation for writing/publishing a family history; Mailing Lists; Workshopping of “brick walls” and other problems

Introduction to Astrology

Valeria Metter was born in Russia and has a Bachelor Degree in Mechanical Engineering. She has studied Astrology since 1982 and has a Diploma in Astrological Studies. Commencing at the Brighton Seniors Centre, Wednesday July 17th, this course will run over 4 fortnightly sessions from 2pm to 4pm. Students will gain an understanding of the essence and benefits of Astrology and its philosophy and place in the modern world. Topics include: How Astrology works; The benefits of using Astrology, The Origins of Astrology and its development through the ages; Branches of Astrology, Basic symbolism of Astrology; Principles of horoscope interpretation, Astrology and the modern world; Astrological organisations in Aust. and overseas

Mythology & legend, the universal hero

Another course made available through the generosity of Sue Bell who has already led a number of courses for Bayside U3A in terms 1&2. This course looks at the universality of all myths and legends including fairy tales and their importance in human development and psychology. The course will be conducted at Black Rock House, Thursday 2.30pm to 4.30pm commencing July 18th.

Writing Radio Plays

An exciting opportunity to learn and use the basic tools for writing a radio play, including structure, plot, dialogue development, and work-shopping weekly written material with other participants. Students will also work on adapting a short story into a radio play starting with a blank page. One play will be selected at the end of the course for a live recording in front of an audience by 88.3 Southern FM for broadcast in Terri Adams Kaleidoscope program. The course will commence Friday, July 19, 10:00am-12:00pm at Beaumaris Seniors Centre

Revolutions Part 2, French Revolution –The Fall of the Monarchy. Please note that this course, which runs for 8 sessions will commence Thursday 15th August 2013, in the Beaumaris Seniors Centre, 10:00am to 12.00pm. The second part of the French Revolution – From Republic to Empire will be in Term 1 2014.

IPAD and Tablet Interest Group

Commencing July 18th, the interest group will meet at Beaumaris Seniors Centre, the 3rd Thursday of each month from 12pm-2pm. The group led by our U3A Vice President, Sue Steele will discuss the operation and application of IPAD's and Tablets on an informal basis. Attendees should have completed an IPAD beginner's course.

UPCOMING EVENTS

Thursday 4th July, Celebrate Independence Day with a Cuppa, at the Beaumaris Seniors Centre, 10.30am – midday. A mid-year get together for all our members. Come along meet with like-minded people, and celebrate life, learning and the joy of living in Bayside. Please RSVP BY July 1st to [baysideu3a@gmail.com.au](mailto:baysideu3a@gmail.com), or contact the office on 95893798.

Sunday October 6th, 10:00am to 4:00pm, Federation Square. As part of Seniors Week celebrations, U3A Network Vic "*Carnival of Learning*" will have a number of stalls and activities in Federation Square. Enjoy a day out in the city at this lively event and experience what other U3A's are doing.

October 14th and 15th: U3A Network Vic and Asia Pacific Conference 2013: Ageless Learning Begins with U3A. This is a two day conference, to be held at the historic Melbourne Town Hall. Program is varied, with both International and National speakers. Cost is \$120pp for the 2 day event, and an additional \$60 for those who may like to attend the conference dinner on Monday 14th. For further details and registration go to www.u3avictoria.com.au. All U3A members welcome to attend. Billets for overseas delegates are required, so if you can help please contact either www.u3avictoria.com.au or our office [baysideu3a@gmail.com.au](mailto:baysideu3a@gmail.com)

Thank You: Our thanks to Bayside Council for providing a new Air Conditioner and tables at the Beaumaris Seniors centre.

OFFICE TEAM LEADER POSITION FILLED



Following our request in the April newsletter, we are delighted to advise that Heather Collins is our Office Team Leader.

Heather is familiarising herself the role by working with our great team of office volunteers, co coordinating volunteer rosters, updating the office procedure manual, arranging training and ensuring the smooth functioning of the office.

Please contact Heather at the Bayside U3A office, regarding any office management issues or suggestions.

VOLUNTEERS NEEDED

We have a growing membership and now need volunteers to take on a variety of roles. We would love to hear from you if you can assist in any way with the following vacancies:

- **Website Manager: We are looking for a volunteer who could ensure that our website evolves and remains successful. The website manager would be responsible for creating and uploading new web pages and content management**
- **Office Volunteers: We are short of volunteers in our office, particularly on Mondays and Fridays. Office hours are from 10:00am to 1:00pm, training will be provided**

Please contact our office (Ph. 03 95893798) or email us at baysideu3a@gmail.com if you can lend a hand.

**VOLUNTEER
SNAPSHOT~~**



Meet Martin Playne, Secretary for the Bayside U3A. Martin has the unenviable job of tabling and responding to all committee correspondence as well as acting as an information reference point for the Bayside U3A committee, clarifying decisions, confirming legal requirements for the U3A as an incorporated body, and retrieving relevant documentation. Martin also led the way by volunteering to tutor one of the first classes held at Bayside U3A, having completed a 4 week course in Term 2 on Probiotics. He has a keen interest in fostering U3A courses on science and technology, and on the importance of science in society.

NOTES FROM OUR CLASSES

Yoga~~Janice Lawton



Bayside retirees are really leading the way in a healthy lifestyle including plenty of regular physical activity. Gentle Yoga connects the body and mind with the breath through gentle stretching and breathing techniques. Gentle stretching opens the body to be able to relax at a deeper level, so the relaxation at the end of the class is very well received. Participants appreciate the facilities and atmosphere the Yoga Hampton Centre provides, it helps create that internal calmness, that helps carry you through the day. Class numbers are limited and new registrations are required each term~~don't miss out on the joy of yoga in the third age.

Art History~~an update by the students of this class

A course of 12 lectures has been completed by lecturer Diana Stock. The lectures covered paintings done in early times, such as cave paintings in Europe, Africa and South America, up to more recent art from Europe, Asia the Middle East. All lectures were enhanced by the use of slides of the paintings discussed and often participants would add their experiences of actually seeing this art. With gentle humour Diana drew our attention to the finer details of these works of art. She encouraged us to look at art in new ways, highlighting different techniques, colour palettes and subject matters used in various periods and styles of paintings and sculptures. This course was thoroughly enjoyed by our small group of keen art lovers, and we thank Diana for giving us a greater understanding of the subject. We eagerly anticipate her next series of lectures, whenever that may be.

Current Affairs (Thursday's, Brighton Library group)~~David Brewer

A dedicated group of eight or nine join weekly to discuss current affairs, though we welcome any additional members who may like to join us on both a regular and occasional basis. Topics are focused at the more serious end of Australian and World politics. The topics are discussed in details by all who wish to express an opinion, while others choose to sit and listen. There is

never a shortage of meaty items to discuss and with national elections around the corner, next term promises to be an exciting time.

Classical music and Jazz classes~~David Peake

David's delighted that numbers greater than anticipated, have participated each week in both Classical and Jazz appreciation sessions which consist of a mixture of commentary/background information and playing CD's and DVD's. It's David's first experience of tutoring and along with his students he is really enjoying sharing his enthusiasm with that of his fellow music lovers. especially now he has learned to conquer the rather complicated technical set up!



The Spanish Journey~~Patricia Lee

Would you like to learn Spanish? With Spanish being the official language of 21 countries, join Patricia and become a universal conversationalist! The Spanish Journey provides authentic samples of the Spanish language in everyday life situations. Come and join this lively group at Brighton Senior Citizens and discover the richness and variety of the Hispanic world. Patricia's love of her native tongue and her enthusiasm for teaching this subject make this an inspirational class.



Drawing Classes~~Suzanne Kaldor



The progress of this group, (including some who had never drawn before) has been a delight to both students and to Suzanne. The group have learned about perspective drawings, (city scape & landscape), drawing figures, making composition, and are now drawing faces with the help of a grid system. Fun times and great success was achieved when drawing each other. The group has also enjoyed outdoor sketching.

Tutoring is rewarding and fun—if you would like to TUTOR a class in 2014 please contact Course Convenor, Sue Steele, on baysideu3a@gmail.com.au

Speakers Program

We are excited to extend to all members an invitation to join in our monthly Speakers Program. Speaker sessions will be held from 10:00am to 11:00am, the THIRD Tuesday of each month. If our Speaker sessions are successful we aim to extend these in 2014, with some planned to be held at night.

An RSVP to our office advising your intention to attend would be appreciated

For detail on our Speaker program see the bayside U3A website.

The program this term will include:

July 16th: Sharon Billings, Clinician, Advanced Care Planning Program, Alfred Hospital *Advanced Care Directions, Your Life, Your decision, or is it?*

July 30th: Zeki Toral, *Travel Turkey*



August 20th: Ray Lewis, *Rickets Point National Park*

September 17: *To be confirmed*

If you have any suggestions for topics or know of a great presentation that you have been to, please let us know by contacting baysideu3a@gmail.com

Bayside U3A ROLES 2013

President	David Hone	Chair, Policy, Publicity, Promotion, Venues
V-President, Enrolments, Acting Course Convenor	Sue Steele	Enrolment matters, Curriculum, Tutors, Venues
Secretary	Martin Playne	Company Secretary, Legal Matters
Minutes Secretary	Judy Sinclair	Minutes of Meetings
Treasurer	Marilyn Hubbard	All Money matters
Course Convenor	Jan Storey	On Leave
Social Committee	Joan Angwin & Marilyn Hubbard	Social Activities and Member welfare
Office Team Leader	Heather Collins	Office Volunteer coordination, Office matters
Purchasing & Equipment	Vladimir Metter	Purchase, Maintenance & Repairs
Newsletter & Speaker Program	Sandra Groves	Produce newsletter, coordinate Speaker Program
Community Liaison	Tony Aplin	Community Liaison matters
Publicity Officers	Pauline O'Brien (1&2)	Marketing, Advertising
Grants Applications	David Lea	Grants Applications
Website Manager	David Hone/Sue Steele	Website management
Data Base development	Judy Sinclair & Tony Aplin	Creation and ongoing maintenance of Bayside U3A database

Contributions Please.....

If you have any suggestions or contributions to the newsletter, they can be emailed to baysideu3a@gmail.com; posted to our mail box at PO Box 319, Sandringham 3191, or left at our office at the Beaumaris Seniors Centre, Reserve Road, Beaumaris. Please send photos as separate Jpeg attachments.

Please ensure all material for the next edition is submitted by **Monday 9th Sept, 12:00 noon**