

Happy New Year!



ABN: 45856411505

Contacts: Phone 95893798, Email, baysideu3a@gmail.com, Post, PO.BOX 391, Sandringham, 3191, Website, www.baysideu3a.wordpress.com

Bayside U3A Newsletter January, 2014

Report from the President, David Hone

I hope that you have all had an enjoyable Christmas and New Year, and that all your New Year resolutions are still intact.

We had a wonderful response to our membership and enrolment day and I would like to welcome all our members, particularly our new members, I hope this is a great year of enjoyment and learning for all. I also remind some of last year's members to renew your annual subscription to be eligible to attend classes in 2014.

We continue to thrive and the number of course offerings is now over 50. Most courses are still taking enrolments so it is not too late to enroll or join. I also encourage you to ask at least one friend who is not yet a Bayside U3A member to join, as we have plenty of capacity for further growth and greater numbers will allow us to develop an even richer offering of courses. If we are proud of our U3A then we should be asking everyone we know to join!

I met with the Mayor of Bayside, Laurie Evans, before Christmas to bring him up to date on our rapid development. The Mayor is excited about our future and he is aware of the key role the Council played in setting us up and the important role it will play in our future development.

2014 Subscription Fees:

There is no change from the 2013 fee structure. Fees are:

\$70 Double, \$40 Single, \$20 Associate membership (ie, you are already a member of another U3A) New members joining after September 30th will pay 50% of the subscription fee.

You can enrol in as many classes as you like once you have paid your yearly membership fee and completed the enrolment form. Generally there is no additional charge for classes, however, where handouts are made available, a fee of \$5 may be charged.

2014 Term dates

- **Term 1:** 3 February to 4 April
- **Term 2:** 22 April to 27 June
- **Term 3:** 14 July to 19 September
- **Term 4:** 6 October to 12 December

Office Hours

Our Office will **reopen** at 10:15am, 28 Jan, 2014 for new Membership and Course Enrolments as well as General Enquiries. Heather Collins, the office team leader will be available to answer any queries that you may have in relation to joining our volunteer office staff. Call 95893798 for further information

First Annual General Meeting of Bayside U3A Inc.

The AGM will be held on Thursday 6th March, 11:00-12.30pm, Beaumaris Seniors Centre. The purpose of the AGM is to receive and approve, the Annual Report and Financial Statements. All committee positions will be declared vacant, with all financial members eligible to nominate for any of the positions. While the Committee encourages nominations prior to the day of the AGM, under our rules nominations can be made at the AGM. At the conclusion of the AGM lunch will be provided. A quorum of 10% of membership is required for the meeting, so please take every effort to attend. In February, all members will receive by mail, a notice of meeting, agenda, any resolutions to be put to the meeting, proxy forms if you are unable to attend, nomination forms and Committee role descriptions and duties. Copies of the Annual report and Financial statements will be available at the meeting. Mail apologies or queries to baysideu3a@gmail.com.

Happy New Year!

Our Website:

While we will continue to produce our quarterly newsletters, our website serves as a significant repository for up to date information, and you are encouraged to reference this often.

Go to www.baysideu3a.wordpress.com to find the very latest information on:

- 2014 courses
- 2014 timetable
- Day Tours
- Membership application form
- Course enrolment form
- Course Guide
- Speakers Program
- E-Bulletins

Diary Dates, Term 1



- **20 Jan:** Visit the Maritime Museum and the ship Enterprize. You will need to make your own way to the venue arriving by 10:30am. You will be taken on a tour of the museum followed by a tour of the ship. There will also be an opportunity to look over the Alma Doeppel. Cost for the tour and boarding of ship is a \$2 donation. Please email baysideu3a@gmail.com if you wish to attend, don't forget to include your name and contact details, so that details of how to get there can be provided.
- **28 Jan:** Office reopens, Office hours are 10.15am to 1:00pm Mon-Friday. Office phone is 95893798.
- **3 Feb:** Term 1 classes start.
- **17 Feb:** Bay West Mystery Scenic Touring Route and You Yangs Highland Explorer Tours bus will depart 8.15am at William St Reserve, Cnr Halifax and William St, Brighton, and return around 5:30pm. Price \$55, includes morning tea and a picnic lunch (Inc. tea and coffee).
- **26 Feb:** Speakers Program: Guest Speaker, Gary Oram, Vic Police, will talk on Safe Living in Bayside. Beaumaris Seniors, Wed 11:00am (See info below on revised program)
- **6 March:** Bayside U3A AGM, 11:00AM Beaumaris Seniors Centre
- **10 March:** Labour Day—No classes will be held on this date
- **26 March:** Speakers program, Topic: Home equity release (or conversion) schemes
- **1 April:** Day tour. Destination to be advised.
- **4 April:** Term 1 ends

FOR YOUR CLOSE ATTENTIONABOUT OUR CLASSES!



During the semester break, our Course Convenor, Sue Steele, and various volunteers have spent days in the office getting classes sorted, membership tags made and enrolment confirmations sent. It is a huge amount of work getting everyone slotted into their preferred courses, and while our record in meeting members' first preferences is very high, we cannot always meet demand at the beginning of the year. With a sensational array of classes on offer, we hope to give you interesting and stimulating options if you have to wait to get into a course you have wanted to do. If you have not received a full list of classes on offer in 2014, you can download a copy from our website, call into our office and pick one up or phone the office on 95893798, and one will be mailed to you.

Additional classes:

Since the publication of the Course Guide in Nov 2013, additional courses (listed below) will be available to members. As some of our classes fill up very quickly, don't forget to fill out and submit a course enrolment form, to ensure inclusion in the class.

Happy New Year!

Armchair travel, Course code: 14051 Starts: Feb 28, Beaumaris Seniors Centre, Every 4th Friday of Month, 10:00am- noon.

Armchair Travel participants are encouraged to volunteer by giving an illustrated talk on their travels in Australia or overseas. This may include background material such as relevant history and/or culture followed by questions and discussion.

Mens Cave, Course code: 14054, Starts: February 15, Brighton Grammar School (enter off Allee Street), Each Saturday 9am. (There is a \$5 charge for refreshments) Join a friendly group of like-minded men for some hands-on activities, a cuppa and a chat. A wide range of woodworking tools and materials are available for use.

Bridge, Course code: 14056, Starts: March 7 (second group August 8), Dendy Park Bridge Club, (Brighton Bowls Clubrooms), Breen Drive, Brighton East. Friday 1pm – 3pm, Duration: 3 sessions. Come along for a series of 3 Bridge classes for beginners. All necessary equipment will be supplied with one of Melbourne's top Bridge players as the coach for our group.

Life-Helping you prevent diabetes, heart disease and stroke, Course code: 14053, Starts: February 10 for 5 Sessions, Sandringham Seniors Centre, Monday, 1.30pm

The Life! program teaches you how to adopt healthy eating habits and a more active lifestyle to reduce your risk of type 2 diabetes, heart disease and stroke. By joining the program you will get the support to achieve and maintain these important lifestyle changes.

This course is suitable for any individual over 50 who is at risk of developing type 2 diabetes. The course consists of 1 individual assessment followed by 5 group sessions. The course is **not** suitable for any person who has been diagnosed with diabetes.

Intermediate Italian, Course code: 14055, Starts: March 6, Beaumaris Seniors Centre Thursday's 12pm – 1.30pm

This course is suitable for people with a comprehensive awareness of Italian grammar principles, and/or the equivalent of Year 12, and basic reading and conversation skills. Italian will be spoken as much as possible during classes. There will be no formal teaching: class members will assist and learn from each other and the convener. Each class member will take a turn, on a rotational basis, to prepare and present a short talk, to lead the class discussion, and to provide appropriate photocopied reading material as required. The convener will set short stories or a novel for reading, and will use parallel text when possible. The emphasis is on improving and increasing knowledge of vocabulary, reading, conversation, listening and pronunciation skills

Music: Reading music and composing, Course code: 14050, Starts: February 6, Private home, Thursday 2pm-3pm. This class is for persons interested in music composition and music theory. To help those wanting to play an instrument, or sing in a choir to improve their music reading skills.

Antarctica, Course code: 14052, Starts: May 2, Beaumaris Seniors Centre, Friday, 10am. This six week course will include slides, discussion and videos of Antarctica's history, exploration, flora and fauna, climate, and geography.

Walking group, Course Code 14057, Starts Feb 10, at 2:00pm- meet at Beaumaris community centre Each week the group will walk a different route for around 1 hour. Participants must be mobile enough to walk several kilometers at moderate pace, and arrange their own transport to the starting point. Comfortable clothing and walking shoes are a MUST.

Choir/Singing Group, Course Code 14058, Starts Feb 10th, from 4:00pm-5:00pm, Beaumaris Seniors Centre. Jill Page, a trained classical singer, theatre director and singing teacher will lead this group. We welcome you to join this friendly committed group. There are no auditions; the ability to read music would be an advantage but is not a necessity. We hope to develop a varied repertoire.

Accompanist wanted: We are looking for a volunteer pianist to accompany our new Choir/Singing group. If you are interested or know of someone who can help, contact Sue Steele via email at baysideu3a@gmail.com

Happy New Year!

Course changes - locations, dates and times

- **Mah jong (14036)** has moved from Sandringham to *Beaumaris Seniors Centre*, Tuesday afternoons 2-4pm, commencing February 4.
- **French for travellers (14010)** has moved from Beaumaris to *Sandringham Seniors Centre*, Tuesday 1.45pm to 3.30pm, commencing February 4.
- **The Life and Works of Robert Law (14002)** will be at *Sandringham Library*, Tuesdays 10am – 12pm, commencing April 29.
- **Genealogy (14042)** will commence at 10am on *Friday February 21* at Brighton Seniors Centre

Bayside Library has generously offered use of their computer training room for many of our computer classes. Changed classes outlined below.

- **Computer Appreciation (14026)** will commence at 1.30 pm on *February 12*, at *Brighton Library*
- **Getting the most from the internet (14039)** will be held on *Thursdays from 1.30 pm to 3.30 pm at Brighton Library*. Group A commences April 24. Group B commences July 17.

2014 Class Locations

Beaumaris Seniors Centre 84 Reserve Rd Beaumaris	Beaumaris Library 96 Reserve Rd Beaumaris	Black Rock House 34 Ebdon Ave Black Rock	Brighton Library 14 Wilson St Brighton	Brighton Seniors Centre Cnr Durrant and Pearsons Sts, Brighton
Highbett Neighbourhood Community House 2 Livingston St Highbett	Sandringham Seniors Centre Waltham St Sandringham (adjacent to library)	Sandringham Library Waltham St Sandringham	Brighton Croquet Club 6 Bleazby Ave Brighton	Brighton Bowls and Sports Club Breen Drive (Dendy Park)

Volunteers and Tutors needed for 2014

As a member of Bayside U3A you are part of a learning community established and sustained entirely by volunteers. It takes a great deal of work to keep our organisation running, and we are seeking volunteers to fill the many jobs that need to be completed. Some require weekly or fortnightly commitment, to just a few hours a week or month, and others are to fill in the quarterly jobs like helping to collate and mail information to members. We had a great response to our call for volunteers in 2013, and we hope this will be the case in 2014.

Volunteer positions include:

- Office staff
- Committee members and working groups
- Social club
- Tutors

If you can help with any of these, let us know by calling the office on 95893798 or drop us an email to baysideu3a@gmail.com

We sincerely thank Andrew Robb AO, MP and Federal Member for Goldstein for his assistance in production of this newsletter.

Happy New Year!

2014 Speakers Program

All U3A network members and members of the community are welcome to attend our speaker sessions. Our speakers voluntarily give of their time to provide information and expertise on the subjects they present, and your support of the program is most appreciated.

The [2014 Speakers Program](#) will be held on the fourth Wednesday of the month during school terms, from 11am to 1pm. The Program is held in the **Beaumaris Seniors Centre, 84 Reserve Rd, Beaumaris**. Speakers will present from 11:00am to 12:00pm, and a light lunch will be available for \$5 for those that would like to stay and have a cuppa, a bite to eat and chat

If you have recently attended a Speaker session that you think will be of interest to our Bayside U3A Community, please let us know by emailing the office at baysideu3a@gmail.com or calling 9589-3798.

In term 1 we have the following Speakers

- Wednesday 26th Feb: 11:00am-12:00pm Gary Oram, Vic Police, Topic: Confident and Safe Living In Bayside
- Wednesday 26th March: 11:00-12pm Basil La Brooy, National Information Centre on Retirement Investments (NICRI). NICRI is a free confidential service funded by the federal government that provides independent information on planning, saving for retirement, and post retirement investing. He will discuss ways you can access equity in your home and points to consider if you might be thinking of this.

The next newsletter is due for publication in late March. Please make sure that any items to be included are to the editor by March 12 by emailing baysideu3a@gmail.com



Photos of Tutors and Volunteers Cocktail Party, and Christmas /End of Year celebration Sandy Hotel.

Happy New Year!



U3A online courses.... We have a subscription to U3A online, a repository of course materials on a range of subjects. If anyone is interested in convening a group based around one of the online courses, please email baysideu3a@gmail.com