

Bayside U3A

UNIVERSITY OF THE THIRD AGE

Offices: Beaumaris Seniors Centre
84 Reserve Road, Beaumaris (behind the library)
9:30am to 2:00pm Monday to Friday during term
(excluding Public Holidays)

Brighton Court House
75 Carpenter Street, Brighton (behind the Town Hall)
9:30am to 12:00pm Monday to Friday during term
(excluding Public Holidays)

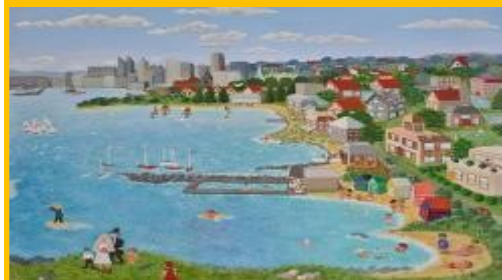
Telephone: 9589 3798 **Mail:** PO Box 7269 BEAUMARIS 3193

Email: baysideu3a@gmail.com

Web: www.baysideu3a.org

NEWSLETTER

TERM 1 2018



2018 Dates:

Term 1: 5 February—29 March 18

Term 2: 16 April—29 June 18

Term 3: 16 July—21 September 18

Term 4: 8 October—7 December 18

FROM THE PRESIDENT:



Well we are up and running once again thanks to all the work done by our office team led by Chris Logan and our Course Coordinator Sue Steele. We now have many courses which are oversubscribed so it is vital that you let the office know if you have a change of plans and cannot attend a course. In high demand courses do not be surprised if you lose your place after an unexplained absence. We are running more courses in 2018 but we still need more tutors.

We had our usual annual meeting with the Mayor and the CEO of the Bayside Council in January. Council are delighted at our progress and remain very supportive. They have asked for our help in promoting the Community Hub in Hampton where we would have a significant presence giving us a tripartite set up with centres in Beaumaris, Hampton and Brighton.

I need to remind everyone that we are a fully voluntary organisation which means that it is very important to always treat all our volunteers in the office, or those involved in running any activity, with the respect they deserve for making our wonderful U3A exist, even if you are feeling a little disappointed or frustrated with us. Let us never forget that our primary aim is for everyone to enjoy themselves in our U3A.

The weekly Happy Hour at Milanos, 5.00 - 7.00pm, went on throughout the holidays with varying attendances. There was always enough of us in attendance to have a social drink with fellow U3A people. So when you are at a loose end on Friday night remember there are friends at Milanos. We will be asking all our new members to meet our new Committee of Management at Milanos on the last Friday of Term 1 (23rd March).

Speaking of the new Committee reminds me to encourage you to attend our AGM on Friday 16th March at 12noon. We need over 100 members for a quorum. Lunch is provided. If you cannot attend please fill out a proxy voting form available from the offices.

David Hone

BAYSIDE U3A EVENTS



Happy Hour Every Friday 5pm—7pm at Milanos Brighton Beach. \$5 wine or beer. Bring a friend and stay on for dinner.

Please note that **Friday 23rd March** we will have a **Welcome to New Members Happy Hour**. All new and old members are encouraged to come along to meet your Committee of Management and other members.

Bayside U3A Annual General Meeting - Friday, 16th March 2018 at the Beaumaris Seniors Centre 12noon. Lunch will be provided. If you are unable to attend please complete a proxy form nominating an attending member to represent you. For catering purposes please let the office know if you will be there.

COURSE NEWS

It's been a hectic start to our year, but things are settling down a bit now. We have more classes than ever before and are still looking for other interesting things to offer.



We have added one more Balance and Bones Group, two more Tai Chi groups and an extra iPad class to ease pressure on long waiting lists. We are hoping to add one or two dancing groups in the near future so watch this space.

Some new classes to whet your appetite:

Seed Beading

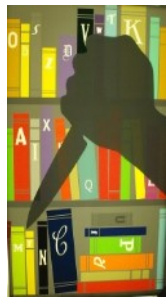
If you would like to view the addictive craft of seed beading call into the foyer of the Beaumaris Seniors Centre (Reserve Rd) **between 12 & 2pm on Tuesday 20th March.**

Our seed beaders produce beautiful jewellery. You may remember it from our Art Show last year. We hope to start a new beginners group.



Questions answered, information and costs of bead buying explained. Start up costs are about \$20. Interest will be assessed for a monthly group.

Crime Night Book Club



Do you like crime stories? Then this is the book club for you. Crime Night will focus on crime novels, both fiction and true-crime. Come along and join some like-minded people for a discussion of crime writing over a glass of red and some cheese.

At the first session we will each talk a little about our favourite crime writers and their books, then we may select some books/authors we would like to read and when. Refreshment costs will be shared by the group (perhaps \$2 or \$3).

Starts 7.30pm Tuesday 20th March at Brighton Courthouse (Course 18129)

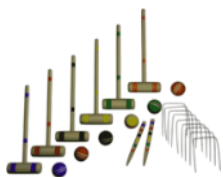
History, Geography and Culture of Asia through Philately

If you are enjoying Seven Antique Maps, Japan and its People or Australasian History, why not try this one as well? The course will cover the history, geography and culture of several Asian countries by study of stamps, envelopes and ephemera. There will be a focus on World War II in the Pacific which affected many east Asian countries.



Starts 2pm Wednesday 16th May at the Brighton Courthouse (Course 18126)

Introduction to Croquet



Learn the basic skills needed to play both golf and association croquet. Coaching is for beginners who will be shown how to hit the ball and the strategy involved in hitting your ball through the hoops. All equipment is supplied but you must wear flat soled shoes.

The cost is \$5 per session for green fees.

Starts Tuesday 17th April at Sandringham Croquet Club (Course 18125)

Russian Conversation Intermediate

Did you take our Russian beginners course recently, or another Russian course? This might be your next step. The course will include conversations on selected topics; grammar revision; reading and discussing examples of Russian texts and poetry provided by Bella, the tutor, a native Russian speaker. This course is not for beginners, but for those with at least some Russian.

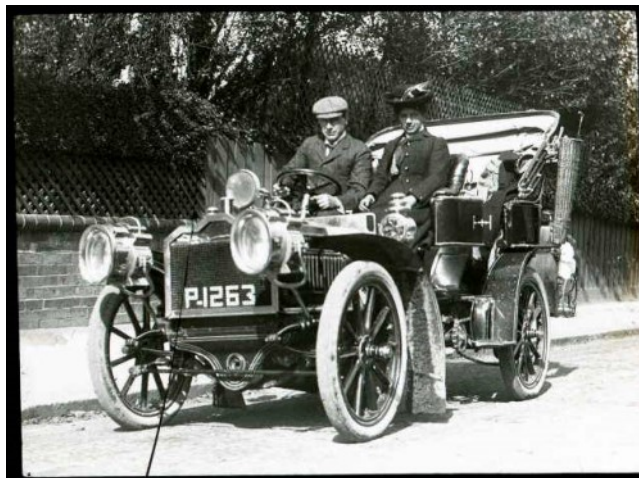
Starts 11am Monday 16th April (Course 18131)

COURSE NEWS—CONTINUED

The Life & Work of Robert Law

For (late 19th/early 20th C) history buffs or those with a mild interest or more in Melbourne/Victoria in that era – the photographic works of Robert Law are fascinating. Robert Law was a great traveller and the collection also includes many taken on a ‘family sabbatical’ back to Scotland (ie around the world!) in 1900/1901. He had many interests – shipping/sailing, bush walking as well as great candid images from Bayside, Melbourne city and around Victoria and the other states. Held over 2 weeks in August we view over 700 images.

Starts 10am Tuesday 21st August at Brighton Courthouse (Course 18046)



COURSE ETIQUETTE

Please do not attend a class unless you have received confirmation, either by email, post or phone, that you have a place in that class.

Once you are enrolled in a course, please call the office and apologise if you are unable to attend your class and also notify the office if you are withdrawing from a class to enable those on the waiting list to be included.

Remember that your badge is necessary to help the tutors and other members in your class remember your name, so please wear it! The badge also has the contact number for your support person in case of an emergency.

Don't forget to wash clean, dry and put away your mugs.

CLASS EMAILS

From time to time we send bulk emails to class groups. Most of you will have received them welcoming you to a class for example. Sometimes these messages can end up in your SPAM or Junk folder. If this happens, please add our email address baysideu3a@gmail.com to your contacts list. This may fix the problem.

BAYSIDE U3A FESTIVAL OF MUSIC 4

MONDAY 9th APRIL 2018 TO FRIDAY 13th APRIL 2018 - 5 DAYS, 2.00–4.00PM

AT THE BEAUMARIS SENIORS CENTRE.

(Behind the Library at 84 Reserve Road. Beaumaris)



The 4th Festival (the only one this year) will, once again, feature items with children in mind (aged between about 5 and 15, I suggest). They will be Young People's Concerts (YPC) American TV shows, hosted by Leonard Bernstein with the New York Philharmonic Orchestra. Bernstein was a brilliant communicator (and Conductor/Musician). They will appeal to the young at heart – no matter what age. So, please bring your grandchildren along (and your children if you wish!).

We need to know approximately the number of likely attendees, so please register your interest with the office (call 9589 3798) preferably indicating which day or days you are likely to attend. The programs are all at least 2 hours, so please be seated by 2.00pm.

PROGRAM OF VIDEOS

MONDAY

LIVE CONCERT FROM DRESDEN – Part of a festival concert celebrating 450 years of the Saxon State Ensemble in September 1998. It is conducted by Giuseppe Sinopoli with works by Vivaldi, Von Weber & Wagner.

NIGEL KENNEDY PLAYS BACH – A delightful 2005 film of a concert in a church in Dingle, County Kerry, Ireland. He plays and conducts the Irish Chamber Orchestra. The whole thing is priceless, particularly the encore.

TUESDAY

YOUNG PEOPLE'S CONCERT – WHAT IS A CONCERTO? – As always, Bernstein explains it all in a masterly manner with a variety of orchestral pieces by Vivaldi, Bach, Mozart, Mendelssohn & Bartok.

BERLIN PHILHARMONIC 1993 – A concert conducted by Sir Simon Rattle before he became Principal Conductor. It shows Berlioz's 'Symphonie Fantastique' and a rare concert hall piece, Rameau's 'Les Boreades' suite.

WEDNESDAY

HAYDN PIANO CONCERTO NO.11 – A beautifully filmed performance by Mikhael Pletnev with the Verbier Festival Orchestra in 2014.

TCHAIKOVSKY PIANO CONCERTO NO. 1 – A flamboyant 2015 performance by Lang Lang with the Orchestre de Paris conducted by Paavo Jarvi.

HANDEL'S WATER MUSIC – A 2016 live concert by the Akademie fur Alte Musik Berlin. A well filmed, finely honed performance.

THURSDAY

SIBELIUS – A superb biography-documentary of the greatest Scandinavian Composer. It features Orchestras conducted by Vladimir Ashkenazy.

FRIDAY

AARON COPLAND – MODERN AMERICAN COMPOSER- 3 pieces by America's finest composer including 2 (ex YPC'S) featuring him conducting/playing.

NEW ORLEANS STREET JAZZ – A group called Tuba Skinny! – great fun.

A MUSICAL JOURNEY – GARDENS & PARKS OF EUROPE

A fitting end to the week, scenes of 24 gardens & parks from all over Europe accompanied by the music of Chopin, Beethoven, Handel, Tchaikovsky, Bizet, Brahms & others – a real feast.

STITCH N NATTER

Mid year the Stitch N Natter group made bags from material donated by the National Trust team at Mulberry Hill. In appreciation for making some 40 odd bags that the National Trust have since sold, the Stitch N Natter group were treated to a tour of the house and grounds at Mulberry Hill. We were blessed with a beautiful day, the house was full of beauty and lots of surprising items of interest, and the surrounding gardens beautiful.

Here's our guide, Kay Davis showing us through the Lindsay's wardrobes. A most enjoyable morning was had by all.



Our Stitch N Natter group had a fabulous day out in December visiting 'The Johnston Collection', a museum of fine and decorative art in East Melbourne. The theme at the collection at the time of our visit was, FEAST, which incorporated the best of Christmas exhibitions from the past 5 years, along with a smattering of new ones. Being keen needleworkers we were all able to enjoy varying parts of the exhibition, and true to form there was lots of chatter, and inspiration for next year's Stitch N Natter challenges.



JAZZ—FROM THE BEGINNING TO THE 60s

This is David Peake's Jazz class on 15th February. The attendance at this class and the previous week's Classical class were all-time records but there is plenty of room. The classes are in the main hall at Beaumaris which can hold at least 100. So, come along to either or both classes, initially as a visitor and if you like it you can enrol.

Classes alternate - Jazz one week then Classical - check the dates in the online timetable.



ENGLISH LITERATURE BREAKUP FOR 2017

The class of 2017 agree with Dylan Thomas when he says 'Do not go gentle into that good night'. Members of the English Literature Group joined together to celebrate a year of an amazing variety of books, plays and poetry which we tackled by reading, listening, watching a film and talking (a lot). Added to these stimulating endeavours – and as important, is the camaraderie which develops between us and the friendships made.

At this last session we had the chance to become one of the characters featured in our reading and then to read a poem or extract of a piece which particularly appealed to us. Lucky us to have this opportunity through an organisation such as U3A which caters for the needs of people of our generation. We also need to thank those who give up their time and talent to make it all happen. Especially Barrie, Eril and Bata. Thanks a million!

Ruth Rolls



SING! SING! SING!

Bayside U3A choir welcomed new members again this year. We are always excited when new singers join us. Also we have welcomed some new men singers to make our male numbers six in total. We have a repertoire which we are looking forward to extending this year. We have an hourly weekly practice in which we work on our songs diligently.

We all have a wonderful time and feel totally energised after a good singing workout!! It's not all serious work and we have a lot of fun too!! We also enjoy performing at BU3A events. Tuesdays 4pm Beaumaris Seniors. If you love singing please join us.



Jill Page Choir Conductor

BAYSIDE U3A WRITER'S DISCUSSION GROUP

The Bayside U3A Writers' Discussion Group meets monthly in the ballroom of historic Black Rock House, where creative energies bounce off the walls as 17 writers share written works of various genres.

Radio play writing is also popular, and since 2013, approximately 20 radio plays have been written by writers in the group, performed by local thespians, recorded and edited by retired ABC technician Raymond Simms, and broadcast on 88.3 Southern FM. First the plays were broadcast in Terri Adams's program *Kaleidoscope* on 88.3 Southern FM, and now more recently, Pauline O'Brien broadcasts one radio play on the third Tuesday of each month at about 9.15am, in her *Community Capers* program. The writer of each play also usually attends the 88.3 Southern FM studios to be interviewed by Pauline..

A special project each year involves the group working with a Bayside Council Artist in Residence to adapt one of their short stories into a radio play. This year we are working with Bayside Artist in Residence writer, Michelle Deans who has kindly offered one of her stories for radio play adaptation.

Whether writing radio plays, poetry, stage plays, short stories, novels or creative messages, there is one thing shared in common by the members of this wonderful group of diverse personalities and talent – an enthusiasm and true love of the written word.



Photo: Some members of the Bayside U3A Writers' Discussion Group:
(Front left) John, Leon, Norah, Mardie, Colleen, Greg, Shirley, Kerry, Geoffrey, Juliet
(Rear left) Cheryl (Convenor), Joy, and Martin
Absent: Jan, Geri, Cheryl D, Martin C and Sandra

Photography: Sue Steele

OUR OFFICE VOLUNTEERS

A very big thank you must go to Chris Logan and the volunteers in our offices. Without them Bayside U3A would not run as smoothly as it does. Please remember that the office team are supporting you every day and treat them with the courtesy and respect they deserve. It is disappointing to hear that this is not always the case.

BECOME MORE INVOLVED

Your Bayside U3A Committee is seeking members for the Membership and Marketing Sub-Committee and the Grants & Fundraising Sub-Committee. If you would like to contribute and be a member of either of these sub-committees, please let the office know.

Volunteering is very rewarding and these committees will give you a taste of how Bayside U3A operates.



Brighton Court House

We are pleased to advise that our Committee Member, Vladimir Metter has accepted the role as Brighton Courthouse Officer and has the responsibility for co-ordinating the maintenance and hiring of the Brighton Courthouse (BCH) facility. He is to be sincerely thanked for taking on this role.

The main hall is about 12m x 16m with kitchen and toilets. The kitchen is not adequately equipped for heating food but food not requiring heating on site can be served. The premises has a number of solid tables and enough good quality chairs for about 60 people.

The BCH is available for members to hire on evenings or weekends for family events. It will not be hired out for 18th, 21st or similar young people party events. It could be used for more sedate social events. The BCH is also available for regular hire but clearly any hiring needs to be outside U3A class times. It is important to note that the hiring of BCH is at the discretion of the Committee of Management.

If you would like more details about hiring the venue, the rules and rates, please contact Vladimir Metter through the Bayside U3A Office on 9589 3798.



Vale Janette Nugent

It was with great sadness we heard of the recent death of one of our members, Janette Nugent.

Janette was an important part of our 'Painting for Pleasure' class last year. We watched with great interest as her 'Bubbles' painting took shape over many weeks. She worked quietly and meticulously and produced a fine painting – and what a thrill it was for Janette when it sold at our exhibition. Some of you may recognise it in the photo below.

This year Janette was to conduct a course for us: 'I Ching - Introduction to the practice of Mindful Divination'. The brief biography she provided for the course guide gives some idea of her background and interests.

'Janette is a former Physiotherapist with a life-long interest in meditation, self-development and esoteric systems like I Ching, Numerology and Enneagram. Her experience of practicing self-development with the I Ching began in the mid 1980s and she has maintained a journal and participated in various I Ching groups since then. Her other qualifications include Ashram training as a Self-Inquiry Meditation Facilitator (during 2013 and 2014)'.

Janette will be sadly missed and we are thankful for her contribution to Bayside U3A.



LOST PROPERTY

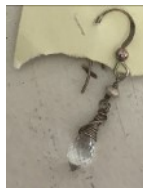
Please contact the office if you believe any of the below items belong to you

Beaumaris

A rolled towel [red] likely used for yoga-type or Balance and Bones class

Three earrings, all individual [no pairs]

A couple of pairs of generic reading glasses



Brighton

A black shawl

2 pairs of glasses - purple and black frames

A Coco Mama water bottle

A small memo book



Bayside U3A offers a very sincere Thank You to Mandy Engelhardt and Hocking Stuart for their generous support with the donation of two \$100 book vouchers at our Christmas Party and the supply and installation of our advertising board.

hockingstuart

Mandy Engelhardt

Sales Consultant

M: 0439 483 024

T: 03 9521 9800

E: mengelhardt@hockingstuart.com.au

62-64 Station Street Sandringham VIC 3191

CLASS LOCATIONS

Beaumaris Seniors Centre and Bayside U3A Office

84 Reserve Road
Beaumaris (behind the library)

Brighton Courthouse

75 Carpenter Street
Brighton (behind the town hall)

Black Rock House

34 Ebdon Avenue
Black Rock

Highett Neighbourhood House

2 Livingstone Street
Highett

Brighton Seniors Centre

Cnr Durrant and Pearson Streets
Brighton

Sandringham Seniors Centre

Cnr Abbott & Waltham Streets
Sandringham (adjacent to the library)

Brighton Library

14 Wilson Street
Brighton

Sandringham Library

Waltham Street
Sandringham

Hampton Bowls Club

Corner Earlsfield & Fewster Roads
Hampton

Hampton Yoga Centre

14 Thomas Street
Hampton

Brighton Croquet Club

6 Bleazby Avenue
Brighton

Black Rock Civic Hall

Cnr Balcombe Road and College Grove
Black Rock

Beaumaris Community Centre

90 Reserve Road (in the library building)
Beaumaris

Sandringham Croquet Club

96 Beach Road
Sandringham

ADVANCE NOTICES AND DATES FOR YOUR DIARY

Bayside U3A Annual General Meeting - Friday 16th March at the Beaumaris Seniors Centre at 12noon. Lunch will be provided. A quorum of 120 is required for this meeting so we urge you all to attend. If you are unable to attend please complete a proxy form nominating an attending member to represent you.

For catering purposes please let the office know if you will be there.

New Members Welcome Happy Hour - Friday 23rd March at Milanos, Brighton. All new and old members are encouraged to come along to meet your Committee of Management and other members.

Annual Fundraising Morning Tea - Thursday 5th July. Put the date in your diary and more information will be provided closer to the time.

Members Christmas Morning Tea - Thursday 6th December. Put the date in your diary and more information will be provided closer to the time.

Bayside U3A Website—Keep a watch on the ‘Of Interest’ section of the website under ‘Useful Links’.

This is where we put up notifications we receive that may interest our members. This month these include:

Public lectures at



Did you know one in four of us will experience a disease of the brain or mind during our lives? And many more will be indirectly affected when a friend or family member is diagnosed with one.

The Florey public lectures give you a chance to learn about the latest breakthroughs in research, what might be happening to those you love, and how you may be able to improve your own brain health. Our talented scientists will be presenting on a range of topics including Alzheimer's disease, Parkinson's disease, autism and addiction.

Visit Bayside U3A website to see the list of lectures for 2018 and click on the links to find out more and book your seat.

U3A Network Bulletin

Survive The Heat - a production from the Department of Health and Human Services

NEWSLETTER

If you have contributions or feedback for any issue of the newsletter, please email to baysideu3a@gmail.com - attention Newsletter Editor. We would appreciate articles and photos of the courses you are undertaking.

We look forward to your participation in sharing news and events with our members. The dates for the 2018 newsletters are:

Issue Period	Term starts	Copy Deadline	Sent Out
Term 2 2018	16-Apr-18	30-Apr-18	14-May-18
Term 3 2018	16-Jul-18	30-Jul-18	13-Aug-18
Term 4 2018	08-Oct-18	08-Oct-18	22-Oct-18